

Aspire Counseling and Wellness does *not* bill/accept any insurance.

We provide superbills for you to submit to your insurance. You may or may not get partial or full reimbursement. It depends on your plan. See our website for questions to ask your insurance company.

Payment is due at the time of service.

Pay Out of Pocket:

Individual Child: \$140 - \$155

Parent: \$160 - \$240

Individual Adult/EMDR: \$160 - \$240