

Aspire Counseling and Wellness does *not* bill/accept any insurance.

We provide superbills for you to submit to your insurance. You may or may not get partial or full reimbursement. It depends on your plan. See our website for questions to ask your insurance company. Please contact us to confirm this pricing list is the most up-to-date.

Payment is due at the time of service.

Pay Out of Pocket:

Individual Child: \$150 - \$170

Parent: \$160 - \$240

Individual Adult/EMDR: \$160 - \$240